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Tuna Tomato Pasta

This is also known as the "I have nothing in the house" pasta.

Adapted from Lucinda Scala Quinn

- 1. 1 tablespoon extra-virgin olive oil, plus more for drizzling
- 2. 1small onion, finely chopped
- 3. 2 garlic cloves, minced
- 4. Pinch of crushed red pepper flakes, plus more for garnish
- 5. 2 cans of wild albacore tuna, well drained
- 6. 2 cans of crushed tomatoes, with juice
- 7. Coarse salt and freshly ground black pepper
- 8. 1 tablespoon chopped fresh oregano, thyme, or rosemary
- 9. 1 pound of penne or fusilli pasta
- 1. Bring large pot of water to a boil over high heat.
- 2. Heat a medium saucepan and add the olive oil, swirling to coat the pan. Sauté the onion and garlic until the onion is translucent, about 5 minutes. Stir in red pepper flakes. Add the tuna and stir, being careful not to break up the chunks too much.
- 3. Stir in the tomatoes, season with salt and black pepper, bring to a boil, and reduce the heat to a simmer. Cook for 20 or 30 minutes before serving.
- 4. While the sauce is simmering, cook the pasta, drain, and toss the sauce. Top with a drizzle of olive oil and an extra sprinkle of red pepper flakes.